Endorsement

What do people say about Magadula's work?,

The soft copy was distributed to different people after online release of the first edition and their responses were as follows;

"This book is something else, not like a normal book, it seems like one, but it has its attracting power and masterpiece, that is why I am so much concerned with anyone who won't come across it".

Dr. Joel A. Seme (BSc., MSc., Ph.D.)

Lecturer - Clinical Nursing Department, School of Nursing,

Muhimbili University of Health and Allied Sciences (MUHAS),

PO Box 65001, Dar es Salaam, Tanzania.

"If what you wrote doesn't burn any flint inside the heart of the reader and if it communicates nothing, it means this person has the insentient body with a soul that isn't rational either, so it is better he quits reading and soon wait to prophecy".

Prof Edith Tarimo, Ph.D, RNM,

Professor, Department of Community health Nursing, School of Nursing,

Muhimbili University of Health and Allied Sciences (MUHAS),

P.O BOX 65001, Dar es salaam, Tanzania.

"My advice to everyone who comes across these astounding doctrines, don't rush, the paragraph could be non-functional but each verse carries a pertinent cue that will bring resilience to the indecisive soul".

Dr. Dickson Mkoka, BSc., MSc., Ph.D,

Dean of the school of Nursing, MUHAS,

Lecturer - Clinical Nursing Department, School of Nursing,

Muhimbili University of Health and Allied Sciences (MUHAS),

PO Box 65001, Dar es Salaam, Tanzania.

"Emmanuel, you are truly a man of work and art. The way you have put up all your efforts on this work deserves every bit of appreciation! I genuinely appreciate how incredible you are and your work! Well done".

Prof Lilian T Mselle, Ph.D., RNM,

Associate Professor, Department of Clinical Nursing, MUHAS,

PO Box 65427, Dar es Salaam, Tanzania.

"Since I started receiving your disseminations, positively I found changing, The world is waiting for your dissertations again and again, please don't hesitate at whenever you feel like providing, keep it up Brother".

Mr. Paschal Magobo,

BSc Nursing Student, 2018/2022.

Muhimbili University of Health and Allied Sciences (MUHAS),

PO Box 65001, Dar es Salaam, Tanzania.

"There are times where we come across people who make us feel blessed, Having a copy of your work is a blessing, I can say; the doctrines within your book has such breath of life, Come on brother, you can do more than this".

Andrew Mclellan, PHC-NP, MScN,

Honorary Lecturer, MUHAS,

United States of America, Canada.

PROLOGUE

Among the youth, you belong! With uniqueness for the purpose!

"But if the purpose can't recognize the process, then the process won't work to achieve the purpose".

Mr. Magadula Emmanuel,

BSc Nursing Student, 2018/2022,

Muhimbili University of Health and Allied Sciences (MUHAS).

I had one session on young and youth health, and I was keenly interested to understand what is the meaning of the word youth, who is the youth, and the impact of health on the youth's life. As we get to the paragraph below, ask yourself some questions, what differentiates the personality of one person and another? What makes someone seem strong than the other? What does life mean to us on Earth?

Do we need to be united as one for us to achieve our desire? We are the family in the world, if correctly we engage in the sunlit path of bloodline it will bring an everlasting affection that we have never felt before. You won't know that you are worth it, till this symbolic shadow you stand today is transmuted to the real you and this will start showing a beacon of hope to all people around you.

Johnson said, "Emmanuel!, through your speech, the sense of inferiority and looking down that perverted in me for so long is now buried, may you put your doctrines in the paper". If you have the same feeling as what Johnson was expressing, those feelings won't perish until you know that; the land of brotherhood and sisterhood is the only destination where there is great hope. I have written for you knowing, your life story is a part of a large people's story who are entertaining the same sense of underrating themselves or being underrated,

Honestly speaking, at the end of this book positively you will rise again, all hidden secrets that limited you (the energetic, skilled, and educated guy) from reaching your desires will be completely burned.

I am not unmindful that most of you come out of trials and tribulations from areas where your frontline quest is better living, social support, care, and love, which is of low standard in the places you live.

If you think you are not rich, that you aren't rich in economy, possessions, or capital, then take a look at where you are now, the people and land around you carry what you call richness, to extract this, there is a need to travel, climb, walk some miles to accomplish the three ups and maintenance skills, knowing how to utilize these resources is a big deal, and I also believe that, the ideas you have can make a deal, greater to achieve what you mention as richness in this planet.

Your father can be a peasant, and your uncle does the same, oh! unfortunately, approximately the whole dynasty goes through a similar picture, but let me give you hope, to be born poor in cash doesn't mean you are also poor in mind, this is the only evidence which proves you won't die having no cash. Some may start blaming like they are the only one educated expecting to get paid 800 thousand Tanzanian shillings per month following employment or somewhat below that, well! and then asking themselves questions like, can I get out of this deprivation tank? But ask yourself, do the depended-dependent extent make saving and planning for the future impossible? Will this be a limit? Is the responsibility of every youth to think about how he can comply with nature, Even though nature defines us, should we retreat in situations? Absolutely No, when you will get to the end of this book, the limitation of your eyes will be completely but simply replaced by the positive desires of your heart.

Opportunities and exposures bring good life through being connected, to whom? Oh, to friends, people, or maybe relatives, then how are opportunities to come if all the people you are connected to have either the same stance in ideology or status as you?! This is the tragedy that brings you down, but your soul should always remind you as freedom rings in the globalized world, it is just easier sweltering out of these heat of downspouts!

My hope is, if we Let Love Lead us to, and of course to life, as the energetic ladies and gents, being able to climb the three basic ups discussed out here, then all our paths will be transformed from the sandpit bare hearts to an oasis of great people ever in history, This book should yield a positive generation which for so long have been found to suffer in a course of mediocrity and lacking connectivity. But I am sure that; the one reading this book right now is lucky and will stay in success forever. don't copy me wrong; Someone may think, the people reading this book are deprived of thoughts, No! it is the collection of potential ideas that can boost the skills and knowledge they have to the riches and any other Positive aspects so far as one is concerned.

I believe that fluent will not come by hiding opportunities to the down class, but only if all of us will share what we call love.

Let us agree that, you must climb the basic three ups while maintaining the four key processes that are needed for the maintenance of the potentials you have. And indeed we have to hustle, making sure that what we have as an idea, fun or Skill is exposed to all, and for sure this momentous decree of being opulent will never go down in history, and forever won't happen to us,

They never knew that am a good Speaker till I showed what I had, by cutting all the strings of shame and fear, however, the seniors should bear the courage to succor the down class up to ensure that, moving together as one is the concept of choice, but you are the one who is responsible to power it.

I believe there is success in this soul, I believe there are potentials within you, I believe you are going to air out love to all, and they will love you too, and love will be the key to success for all of us.

This is the only time which needs no hestation, it is the time that requires to initiate what you dream, to act confidently with information in hand. It is the purpose of everyone who comes in contact with this book to have assets he didn't have before, to gain royalty he didn't own before, to clear debts he owed before, Provided he walks the paths, the steps and Principles elucidated in this book. Don't wait, slowly turn the page of this book without destroying any, because is the trait of critical thinkers not to hurry.